

Paxcroft Primary School Allergen Information - May 2024

Meat dishes	Gluten	Wheat	Barley	Eggs	Milk	Whey protein	Soya	Peanuts	Tree nuts	Sesame	Fish	Mustard	Celery	Shellfish	Pork	Beef	Sulphites
Beef Burger, Curry Fries, Peas	✓	✓		T	T		T									✓	✓
Cottage Pie with Peas and Carrots																✓	
All Day Brunch with Beans and Tomato	✓	✓													✓		
Chicken, Tomato Pasta & Sweetcorn	✓	✓											✓				
Chicken Curry, Rice & Peas	✓	✓										T	✓				
Packed Lunches - Ham Roll	✓	✓	T	T	✓		T			T					✓		T
Hot dog, Curry Fries, Peas	✓	✓		T	T		✓			T					✓	✓	✓
Lasagne, Garlic Bread & Sweetcorn	✓	✓		T	✓		T									✓	
Chicken and Sweetcorn Lasagne, Garlic Bread and Peas	✓	✓		T	✓		T										
Pasta Bolognaise with Garlic bread & peas	✓	✓		T	✓		T									✓	
Pasta Carbonara with Garlic Bread & Peas	✓	✓		T	✓		T								✓		
Pork Sausages, Mashed Potatoes, Gravy and Green Beans	✓	✓			✓		✓								✓	✓	✓
Roast Chicken, New/Roast Potatoes, Seasonal Veg & Gravy																	
Roast Ham, New/Roast potatoes, Seasonal Veg & Gravy															✓		✓
Roast Pork, New/Roast Potatoes, Seasonal Veg & Gravy															✓		
Roast Gammon, New/Roast Potatoes, Seasonal Veg & Gravy															✓		
Chicken Souvlaki served with Warm Pitta Bread, Tzatziki & Salad	✓	✓			✓		✓										
Meatballs in a Tomato Sauce with Pasta & Veg	✓	✓			✓										✓		
Christmas Dinner - Roast Turkey, Sausage, Roast potatoes, Stuffing balls, Sprouts, Carrots & Gravy	✓	✓	✓	T	T		T					T	T		✓	✓	
BBQ Chicken with mixed Rice & Cauliflower and Broccoli	✓																
Chicken & Vegetable stir fry served with Rice	✓	✓					✓										
Sausage Casserole, Mashed Potatoes & Peas	✓	✓			✓		✓								✓	✓	✓
Ham & Cheese Pizza Slice & Sweetcorn	✓	✓		T	✓					T					✓		
Spaghetti & Meatball with Garlic Flat Bread	✓	✓			✓		T								✓		
Buttermilk Chicken, Diced Potato & Vegetable Sticks	✓	✓		✓	✓												
Egg & Bacon Lattice Pie, New Potatoes & Vegetables	✓	✓		✓	✓												
Sweet & Sour Chicken with Rice & Vegetable Medley	✓	✓		✓			✓			✓							
Turkey Schnitzel, Diced potatoes with Carrots & Broccoli	✓	✓		✓	✓												
Pepperoni Twist, Homemade Wedges with Baked Beans	✓	✓		✓	✓										✓		T
Pulled Pork Roll with Apple Sauce & Coleslaw	✓	✓		T						T					✓		
Quiche Lorraine, New Potatoes and Mixed Vegetables	✓	✓		✓	✓										✓		
Bulgarian Moussaka with Yoghurt					✓										✓	✓	
Fish dishes	Gluten	Wheat	Barley	Eggs	Milk	Whey protein	Soya	Peanuts	Tree nuts	Sesame	Fish	Mustard	Celery	Shellfish	Pork	Beef	Sulphites
Fishcake, Oven Chips, Peas	✓	✓									✓						
Battered Fish with Oven Chips and Peas	✓										✓						
Fish Fingers, Oven Chips, Peas	✓	✓									✓						
Salmon and Broccoli Parcels with wedges and Peas	✓	✓			✓						✓						
Salmon & Pea Pasta Bake	✓	✓					T				✓						
Salmon Fishcake, Chips with Peas or Beans	✓	✓									✓						
Tuna and Sweetcorn Pasta Salad	✓	✓		✓			T				✓						
Vegetarian dishes	Gluten	Wheat	Barley	Eggs	Milk	Whey protein	Soya	Peanuts	Tree nuts	Sesame	Fish	Mustard	Celery	Shellfish	Pork	Beef	Sulphites
Packed Lunches - Cheese Roll	✓	✓	T	T	✓		T			T							T
Cheese and Tomato Pinwheels with oven Chips and Peas	✓	✓			✓												
Chickpea and Spinach Curry with Mixed Rice & Sweetcorn																	
Vegetable Hotpot with Peas																	
Tomato and Basil pasta with Garlic Slice	✓	✓															
Cheese and Potato Pie with Seasonal Veg	✓	✓			✓												
Tomato and Herb Quorn Fillet with Mash & Green Beans																	
Vegetarian Sausage Casserole with sweetcorn																	
Cheese & Broccoli Quiche with Mash Peas and Carrots	✓	✓		✓	✓												
Sweet Potato and Pea Fritter with Oven Chips and Peas	✓	✓			✓												

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Sides/Accompaniments (new)	Gluten	Wheat	Barley	Eggs	Milk	Milk/ Whey protein	Soya	Peanuts	Tree nuts	Sesame	Fish	Mustard	Celery	Shellfish	Pork	Beef	Sulphites
Coleslaw				✓													
Mushy Peas																	
Garlic Bread	✓	✓			✓		T										
Naan Bread	✓	✓															
Mashed Potato					✓												
Stuffing balls	✓	✓					T										
Gravy																	
Curly Fries	◆	◆															
Wedges	✓	✓															
Baguette	✓	✓		T						T							
Desserts	Gluten	Wheat	Barley	Eggs	Milk	Milk/ Whey protein	Soya	Peanuts	Tree nuts	Sesame	Fish	Mustard	Celery	Shellfish	Pork	Beef	Sulphites
Blueberry Muffin	✓	✓		✓	✓		T										
Chocolate Muffin	✓	✓		✓													
Dairy Free Jam & Coconut Sponge	✓	✓		✓													
Ice Cream					✓												
Lancashire Fruit Cookie	✓	✓			✓												
Marble Cake	✓	✓		✓													
Gingerbread Man	✓	✓			✓												
Iced Apple Chelsea Bun	✓	✓			✓												
Apple & Oaty Cookie	✓																
Dairy Free Flapjack	✓Oats	T	T														
Dairy Free Fruity Flapjack	✓Oats	T	T														
Dairy Free Blueberry Muffin	✓	✓		✓			T										
Cherry Shortbread	✓	✓		✓	✓		T										✓
Chocolate Cupcake	✓	✓		✓	✓		T										
Chocolate Chip Cupcake	✓	✓		✓	✓		T										
Cookie/Chocolate Chip Cookie	✓	✓			✓	T	✓										
Cornflake Cake	✓	✓	✓		✓	✓	✓										
Cherry Cookie	✓	✓			✓		T										✓
Sponge & Custard	✓	✓		✓	✓		T										
Fruit Jelly																	
Flapjack	✓	✓	✓		✓												
Lime/Strawberry/Orange Jelly																✓	
Fruity Flapjack	✓	✓	✓		✓												
Apple Shortbread	✓	✓		✓	✓		T										
Lemon Cupcake	✓	✓		✓	✓		T										
Rice Krispie Cake	✓	✓	✓		✓	✓	✓										
Shortbread	✓	✓		✓	✓		T										
Banana Bread	✓	✓		✓	✓		T										
Strawberry Yogurt Cake	✓	✓		✓	✓		T										
Sugar Ring Donut	✓	✓		T	T		✓			T							
Greek Honey and Yogurt Cake	✓	✓		✓	T		T										
Pineapple Cake	✓	✓		✓	✓		T										
Apple and Cinnamon Cookie	✓	✓		✓	T		T										
Dairy free Lemon &Vanilla Cake	✓	✓		✓			T										
Lemon Yogurt Cake	✓	✓		✓	✓		T										
Mixed Fruit Crumble	✓																
Chocolate and Orange Mousse																	
Sultana Shortbread	✓	✓		✓	✓												✓
Jam Tart	✓	✓		✓	✓												✓
Carrot Cake	✓	✓		✓	✓												

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Apple Strudel	✓	✓		✓	✓												
Trifle	✓	✓		✓													
Lemon Drizzle Cake	✓	✓		✓	✓												
Blueberry Cookie	✓	✓		✓	✓												
Vanilla Cupcake	✓	✓		✓			T										

✓ = Contains T = May contain traces